

123ce.com courses are designed to meet your training needs!

123ce.com has helped thousands of students in the food service industry meet their education needs for certification, certification renewal, and CEU credits since 1984. Our courses are approved through the American Culinary Federation (ACF) and are continually updated, ensuring full compliance. In addition, 123ce.com online courses offer you the freedom to study when and where it suits you.



ACF Certification- Initial Certification

- **Nutrition (#333) 30 hrs**

Covers food grouping systems, maintenance and dieting, and all the invaluable information vital to a student's success as a food service or dietary professional. **\$187.50**

- **Sanitation and Safety for the Hospitality Industry (#334) 30 hrs**

An in-depth course in food safety and sanitation. Students learn about food-borne diseases, the flow of food, safe food handling, maintaining sanitary facilities and equipment and pest management. **\$187.50**

- **Supervisory Management (#332) 30 hrs**

This course covers how to manage people in the food service industry, the importance of problem-solving methods, and techniques for effective planning. **\$187.50**

ACF Certification Renewal- Every 5 years

- **Nutrition Considerations for the Culinary Staff (#384) 8 hrs**

A comprehensive review course that meets the 8 hour renewal requirement in nutrition for individuals with culinary responsibilities. This course includes basic nutrition, menu planning, healthy cooking, label reading and basic diet modification. **\$88.00**

- **Food Safety and Sanitation (#385) 8 hrs**

A comprehensive review course that meets the 8 hour renewal requirement in food safety sanitation. Maintaining sanitary facilities and equipment and kitchen safety are included in this course. **\$88.00**

- **Supervision and Human Resources (#383) 8 hrs**

A comprehensive review course that meets the 8 hour renewal requirement in supervision and human resources. Learn how to create an effective workplace environment through communication, as well as understand the role of a supervisor as both a manager and a leader. **\$88.00**

123ce.com also offers 17 additional courses on various topics ranging in CEU length from 5-50 hours, providing students the 80 hours needed to maintain their hard earned certification every 5 years.

123ce.com is committed to providing convenient, affordable and quality courses to meet our students' needs. To order or learn more go to www.123ce.com or call **800.826.9228** today.